

Training & Behaviour Solutions

Animal centred ways for calming and self-control:

- Pulling on the Lead
- Anxiety
- Sound Sensitivity
- Shyness
- Hand Shyness
- Gait Irregularities
- Excessive Barking





ORDER ONLINE: www.mekuti.co.uk
ORDER BY PHONE: 0113 2590 589





Welcome!

Over the years I have seen dog training techniques advance to the point where we are now able to work with our dogs in partnership as opposed to forcing our will on them. Whilst training to be a Tellington TTouch practitioner it became clear how easy this transition can be using simple techniques and equipment where necessary.

Mekuti started in Cornwall in 2004 initially

supplying other TTouch practitioners in the UK and now operates from West Yorkshire supplying dog trainers, behaviourists, rescue centres, and the general public worldwide with specialist equipment designed to help you and your dog with wide-ranging issues. All equipment is designed to work with your dog gently and comfortably and will have been thoroughly **tested on animals**, either Meg or Heidi, our constant companions!

All of the Mekuti branded products are currently made in the UK which enables us to get the best quality and also means that we can make any changes quickly. The packaging is simple and products come with full instructions, and we are available during office hours to help with any queries or specific advice. Mekuti was named after Meg, Kugel and Tigger (my furry friends) and research revealed 'Mekuti' was also the name of a Buddhist monk, which reflects my belief in gentle consideration for all life.

Our 30 day guarantee stems from the cupboard full of unused dog training equipment I had acquired over the years prior to TTouch! If it doesn't suit your needs just send it back (clean) and you will receive your money back, and if able I'll help you to find a suitable alternative.

I hope that you find what you are looking for. Happy browsing.

Rachael Greenland
B.Ed.(Hons), Tellington TTouch P2

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I'd love to hear how you have got on with your harness, and how your dog has changed.

Pictures are always welcome too (and, with your permission, may go onto the website). Rachael Greenland

Rachael Greenland, Tellington TTouch P2

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The Mekuti Balance Harness™

The Mekuti Balance Harness:

- **Stops pulling** on the lead
- Improves control and enjoyment of walks
- Reduces stress on joints and anxious on-lead behaviour
- Good for any age group from puppies through to old age
- **3-way adjustment** ensures a fit which is comfortable
- Patent pending design by Tellington
 TTouch Practitioner and made in the UK.



30 DAY MONEY BACK GUARANTEE

How does the Balance Harness Work?

The patent pending **Mekuti Balance Harness**™ uses two points of contact with a Double-Ended Lead. This allows you to withdraw one of the balance points when the dog pulls. They have nothing to lean into and are then unable to pull.

In use, the harness works in harmony with your dog, not in conflict. It does not tighten across the dog's body, neck or head or cause any distress.



NOTE: A DOUBLE-ENDED LEAD IS REQUIRED

It is fully adjustable to give a close, comfortable fit with no pinching or rubbing and is very

difficult to reverse out of (tested on sight-hounds!). The seams are external on the chest for dogs with sensitive skin.

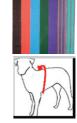
"It's a really kind way to teach your dog to heel and I have recommended it to others. I really like it as he doesn't choke himself on it and he didn't take to a (head halter) at all." Woody & Hannah Wemyss



Available colours: Black, Red, Royal Blue, Dark Green, Purple, Navy Gypsy and Emerald Gypsy (diamond pattern in 2 or 3 narrow stripes).

Measure your dog around the ribs just behind the front legs

		Harness Only	Complete Se
Mini	13" – 17"	£14.50	£22.25
Small	17" – 23"	£16.50	£27.25
Medium	20" - 30"	£18.50	£28.25
Large	25" – 35"	£20.50	£33.25
Extra Large	30" – 46"	£22.50	£35.25



Note: A harness set complete with lead, comes with the appropriate lead for the harness e.g. Small with 2.5m; Large comes with 2m 1" lead. If you have a special requirement, please state at the time of ordering.



For head-shy dogs or those with sensitive ears:

The Balance Harness is available with an additional fixing clip on the neck straps to allow the harness to be put on like a necklace and then done up as usual.

Please state clearly on your order – the harness with the extra clip costs an additional £2.50, only available in black.

Mekuti Double-Ended Leads

- For use in combination with the Balance Harness™
- Made in the UK from *Softex* padded webbing very comfortable in the hand and easy to hold.
- Easily adjustable to a short, medium or long lead.
- Colours corresponding with our harnesses:
 Black, Red, Purple, Royal Blue, Navy Blue, Emerald
 Green, Cedar Green/Navy, Royal/Emerald and Red/Navy stripe.

2m	¾" for medium harness	£10.75
2m large clip	¾" for stronger dogs	£12.75
2m 1"	¹ " for large and extra large harness	£13.75
2.5m	¾" for small harness	£11.75
2.5m webbing	½" for mini harness	£8.75
3m	¾" for training	£15.25

Apart from the lead for the mini harness, all our leads are made from Softex.



Calming Equipment

Help with:

- Sound sensitivity thunder and fireworks, general anxiety;
- Shyness;
- Ageing issues, mobility or travelling problems;
- Hyperactivity or panic.

Body Wraps



A **Body Wrap** brings an animal's awareness to its body and away from the source of the fear (e.g. thunder, fireworks). The sense of security given by the wrap also brings confidence, releasing habitual responses and behavioural patterns, allowing them to observe the world around them and respond rather than react to stimuli. *Like a portable hug*.

The wrap comes with a nappy pin to secure and full instructions.

NB. A dog should never be left unattended in a Body Wrap. If you need the calming effect while your dog is on its own, consider getting a T-shirt or a Jumper as well which has an almost equal effect. (See pages 8 and 9)

Small	2"	£8.25
Medium	3″	£8.75
Large	4"	£9.75



My poor dog was stressed out

"I am absolutely in shock as to how well the Body Wrap works. We have had a week of thunder and fireworks and I have now used it four times on my rescue dog. Every time within 5 minutes he was asleep. I am so grateful it has worked so well. My poor dog was stressed out for 7 hours every time there was a storm; if it was at night it was impossible for me to get any sleep. I did not ever expect this to work!"

Cath, Wuff Dog Training

Calming Bands

Calming Bands may help with:

- Barking or chewing
- Emotional upset
- Shyness
- Sound sensitivity
- Fearfulness

This band works best in conjunction with Tellington TTouch to address any underlying causes of tension in the mouth.

Gives feedback when the dog barks by making gentle contact around the muzzle without restricting movement or tiring the dog. Many dogs bark from habit and this simple way of bringing awareness to what they are doing is often enough to quiet them. The contact with the face has a noticeable calming effect.

Measure in a figure of 8 around the muzzle, cross under the chin and up beneath the ears.

Extra Small	15.5" – 19")
Small	19" – 24"	f9.75
Medium	23" - 28"	
Large	28" – 36")
Extra Large	32"-40"	£11.75

Only available in black

She stands like an angel

"Absolutely brilliant! It's so gentle. My Beardie normally barks out on walks, but now there's not a peep from her. She would bark for her tea, but now she stands like an angel. Her mum



Now I can hear the trainer talking!

"My 7 month old puppy mainly tends to bark at dog training. So much so that I can't hear the trainer talking. So, I bought a Calming Band for the puppy and I'm really pleased with it. It is quick to put on him and calms instantly. He is gradually getting used to wearing it and lasttime he wore it he actually fell asleep in a busy room full of people."

C. Farley



Calming Equipment cont...

T-Shirts & Dog Suits



T-shirt sleeve holes, fitted to hips



Dog-suit sleeves front & back, covers hips. Good for contact allergies or connecting front & rear



- Same calming effects noted as for the Body Wrap. (See page 6)
- Post-operative protection, holding dressings in place and calming.
- May also help with contact allergies.
- Made by Equafleece.

95% cotton, 5% spandex

This well made T-shirt and Dog-Suit is shaped to fit your dog closely, but not tightly.

T-shirt: Available in 2 colours:

Black and Dark Brown.

Dog-suit: Currently only available in Black.



		T-Shirts	Dog Suits
Extra Small	14" (XS)	£13.00	£18.40
Small	18" (S)	£13.00	£18.40
Small/Medium	22" (S/M)	£16.00	£21.45
Medium	24" (M)	£16.00	£21.45
Large	28" (L)	£19.00	£24.55
Extra Large	32" (XL)	£19.00	£24.55

Loved the **t-shirt**. I use it during thunder, fireworks, etc. It's very good."

J.E.Bissell

HOTTERdog Jumper

Protect your dog from the worst of the weather, keep them dry or just for calming during cold weather.

- Water repellent and wicks moisture away from the dogs body keeping them dry during exercise, or dries them after exercise.
- Maintains good body temperature so reduces the chance of overheating.
- Customers have noted the same calming and anxiety reducing effects as our T-Shirts and Body Wraps.
- Comfortable and washable.

Made from EquaLX, a premium grade, medium weight fleece by Equafleece. Available in Black, Green, Royal Blue and Red





Highly recommended by Meg and Heidi!

Coat of Confidence!

"Portia loves her Hotter Dog Coat of Confidence! It not only keeps her toasty warm on her morning walk, it helps her shyness with other dogs." Angela Walledge

Heart problems

"My vet really loves the Hotterdog jumper as it covers Moke's chest and apparently that's best for his heart problems."

Iulie Sadler

	chest size	
Extra Small	33–40cm	£14.75
Small	43–52cm	£16.75
Medium	55–64cm	£19.75
Large	67–76cm	£23.75
Extra Large	78–87cm	£27.75





Adjustable Collars



- Seams on the outside for comfort and to minimise removal of fur.
- Fully adjustable. Colours match our leads and co-ordinate with the **Mekuti Balance Harness**.

		Webbing	Softex
Small	7" – 12"	£5.30	£6.30
Medium	12" – 20"	£5.80	£6.80
Large	16" – 28"	£6.30	£7.30

Leg Wraps



- Brings awareness to the legs and feet
- Improves gait irregularities
- Raises the foot action and reduces knuckling
- May help de-sensitize legs/feet for nail trimming.
 Sold in pairs. Colours vary.

Popular with owners of show and agility dogs because poor awareness of legs may make dogs appear to be quite clumsy and generally lack confidence. Leg Wraps can enable them to reconnect the body with the brain and improve integration and accuracy of movement. This sense of reconnection lasts even after the wraps have been removed.

Even though we make contact with most of the dogs torso, head and neck in daily handling through stroking and brushing, it is only when we need to handle the feet and legs for something like nail-clipping that we really notice their sensitivity to touch in these areas.

Sensitive use of Leg Wraps combined with TTouch may be of benefit.

Small)	
Medium	}	£6.95
Large		

Assessor / Fake Hands

The Assessor Hand is gentle for the animal and robust enough for handler safety. This item is ideal for animals with hand-shyness and for desensitizing to human close proximity contact.

Short	30cm	£35.00
Medium	45cm	£40.00
Long	60cm	£45.00

This item is hand-made to order and delivery can be up to 28 days. Please let us know if your requirement is urgent.

The 'Carpet' Pet Hair Remover



- For the home or car, carpets and upholstery;
- Lifts, gathers and removes pet hairs;
- Simply wipe the surface instantly effective;

It's amazing how much fluff is picked up with so little effort even our cats and dogs like being groomed with it too.

We also use the CarPet to restore thinning fleeces and keep our **Hotterdog Jumpers** *clean and fluffy*. It really is versatile and great value for money.

Books



On Talking Terms with Dogs: Calming Signals, Turid Rugaas

Reading this excellent book will help you interact with your dog more fully by learning to recognise signals in dog behaviour and dog body language that dogs use to communicate with one another.

100 Ways to Solve Your Dog's Problems, *Marie Miller & Sarah Fisher* This book helps the reader to find an effective, humane and rewarding way to resolve any of the 100 most common behaviour problems with practical advice.





Go Click

This book is about a gentle, humane and hands-off system of training that allows your companion to take a full and active part in the process. Booklet £3.50, Clicker £2.95

Natural Nutrition for Cats and Dogs, Kymythy Shultze

Offering a simple explanation of the importance of raw food and includes recipes and menu ideas for making your own pet food. Meg has been on this diet since she was a pup 10 years ago.



More books are available on our website!



people have said some great things about the Mekuti Balance Harness:

Such a joy to take out!

"I cannot believe this has really worked. My 13 month old chocolate labrador is now such a joy to take out on the lead. I was getting fed up of being pulled around like a rag doll and getting quite worried that I wouldn't be able to hold her ... and then this arrived and every walk since has been fantastic! Even with friends and other dogs she stays calm and is a joy to walk." A. Lakey

I would not have believed the difference

"Many thanks for the Balance Harness, it has taken all the hassle out of our walks with our cavalier. She is very strong and pulled continuously. I would not have believed the difference when we started to use the harness, now she walks calmly along at heel and we can all enjoy it. Thank you!"

G. Ottaway

Excellent products

"Thanks again for the excellent products. I run a variety of classes and almost everyone from puppies to reactive dogs end up using the Mekuti Harness" Morag

It gives him confidence

"I bought one of these for my lurcher puppy and wouldn't be without it. He doesn't pull and it gives him confidence which he is very short of." S. Schick

Eye contact

"Tried the new harness on Katie and what a difference! We're even getting eye contact! I'll let you know if I need any more help with it, but so far I am very happy." LW

Visit our website for other Animal-Centred Equipment:

www.mekuti.co.uk

Keep in touch for Helpful Information, Tips, Tricks and Videos:



Post & Packing	up to £10	£2.95
(UK addresses only)	£10 to <£60	£3.95
Please call for non-UK rates	£60 to <£90	£5.95
Special postal rates also apply	£90 to <£120	£7.95
for International and UK Special	£120 to <£250	£9.95
Delivery of some of the heavier items	£250 and over	£11.95

Prices in this brochure are inclusive of VAT at the current rate of 20%.

Photographs in this brochure are not to scale, product designs and colours may differ.

Mekuti endeavours, but cannot guarantee, to maintain the full range of advertised colours in all products, if the choice of colour is not available at the time of ordering an alternative will be offered.

Full Terms and Conditions can be viewed on our website.

Printed copies available upon request.

30 DAY MONEY BACK GUARANTEE

If for any reason, within 30 days of receipt, you find that the one of our products isn't right for your dog, **please call us first to obtain a Returns Number** and return it to Mekuti, undamaged and washed so we can refund your money (note: a charge will be deducted for dirty returns). To help us improve, it would be useful if you would include the reason for your return.